

Effective: September 2020

LACROSSE SCOTLAND GUIDELINES – *Repercussions for Rule Violations*

Effective from: **SEPTEMBER 2020**

For all Clubs, Teams, Players, and Supporters

These guidelines apply to Scotland only and have been produced in line with the Government guidance on public spaces, outdoor activity and exercise published in SEPTEMBER 2020. Following the Scottish Government's guidance, we urge all those undertaking Lacrosse activity to closely adhere to our guidance to help ensure the welfare of their teammates, family, friends and local communities.

Organised sporting activities can now be undertaken, providing all activity is consistent with current Scottish Government guidance on health, physical distancing and hygiene – you will also need to make sure that your club, facility and participants are made aware and can adapt to changes in guidance at short notice. Information on Scottish Governments approach to managing COVID-19 is available at [Scottish Government: Coronavirus in Scotland](#).

People who are symptomatic should self-isolate for 10 days; household members for 14 days as per info on NHS guidance. No one who is self-isolating should attend a sports facility/activity.

To manage a safe return to sport and leisure activities, it is a **mandatory requirement** that all clubs, facility operators and deliverers put in place Test and Protect procedures to help break chains of transmission of Coronavirus (COVID-19). Further information is available within this guidance and at [Scottish Government: Test and Protect](#).

All participants of Lacrosse in Scotland are REQUIRED:

- to be members of their SBG in good standing;
- sign the participant COVID declaration;
- register with their SBGs (Lacrosse Scotland) Track and Trace online form before every lacrosse activity.
- To wear a mask and sanitise hands when away from the playing field; including during arrival, changing, on breaks, and departure.

Failure to comply with the above or knowingly violating the guidelines will result in the [Lacrosse Scotland Disciplinary Policy](#) being initiated. This is likely to prohibit you from participating in lacrosse in Scotland – this includes all club / squad training, trials and matches, as per requirements imposed by the Scottish Government. All clubs and players NOT registered and in good standing with Lacrosse Scotland are not covered by the approved governmental exceptions to training and competition roster sizes and MUST adhere to the Scottish Government guidance on the Rule of Six and social distancing of 2m.

How does Lacrosse Scotland plan to enforce the Covid-19 guidelines?

Any activity undertaken by LS affiliated clubs or currently registered LS members that do not strictly follow our guidelines will be uninsured and risk suspension from playing lacrosse in Scotland.

In line with agreements and commitments made to the Scottish Government and Sportscotland as a condition for Return to Play, we will follow the [Lacrosse Scotland Disciplinary Policy](#) in relation to clubs / squads and individuals, proven to be involved in non-compliant activity, on a case-by-case basis. Knowingly violating the guidelines or failing to comply will most likely result

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No one wants to see anyone punished for violation rules, and we are working extremely hard with Coaches, Managers, Club Reps and Covid Officers to ensure everyone is informed with the most up-to-date regulations and guidance. As we have re-entered a heightened level of Covid-19 spread, it is now more important than ever that we work together. Failure to follow the rules could result in the Governmental requested suspension of ALL lacrosse activities in Scotland until the pandemic is over. This is why we feel need to make it very clear, beyond doubt, that breaking the Lacrosse Scotland Covid Guidelines will result in the Lacrosse Scotland Disciplinary process being initiated.

What does this mean?

As a double-check for Covid-19 regulations to help participants remain within the regulatory compliance; it is the responsibility of team managers / coaches / Club Reps / Covid Officers to check, at every club / squad training, trials or match, that

All participants:

1. Are members of Lacrosse Scotland
2. Have paid for a ticket for the weekend e.g. for Performance & development days
3. Have signed the [Participant Declaration](#) for 2020-21
4. Have completed the [LS Track & Trace form](#)

And that

5. No-one has indicated that they have Covid symptoms
6. No-one has returned from abroad and should be quarantining
7. No-one is living in an area where there are local restrictions have increased

Team managers / coaches / Club Reps / Covid Officers must also ensure:

8. Playing bubbles are established and controlled
9. Entry to the playing area is controlled
10. Exit from the playing area is controlled
11. No mingling between bubbles of players
12. Bubbles arrive and leave at separate times (*min of 10min apart*)
13. Absolutely no car-pooling!
- 14. Report any violations of the Covid Policies.**

All clubs and players NOT registered and in good standing with Lacrosse Scotland are not covered by the approved governmental exceptions to training and competition roster sizes and MUST adhere to the Scottish Government guidance on the Rule of Six and social distancing of 2m.

Examples of action that will be taken if an individual / club / squad violates the Covid-19 Guidelines

- Immediately being sent home from training, competition, or event.
- Banned from attending the next match, competition, or National Team training week.
- Suspension of membership privileges; including rule of six exemptions.
- Suspension of team selection eligibility for all competitions.
- Suspension of club / squad training



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The things we are asking people to do are not easy. The Covid rules are definitely disruptive, they're definitely challenging, but they do have evidence to show that they work when implemented broadly, widely and followed by everyone. We're still understanding and looking at case numbers and how things evolve over time. It is difficult to give a defined endpoint, and that will likely be different in different parts of the country, as well. For now, we know that for these types of measures to be effective, they generally have to be in place for a matter of weeks, if not months, and I think people should prepare themselves for that very likely possibility. The most important thing we can all do in fighting the coronavirus is to stay alert.

We must control the spread of the virus together as a team, **One Scotland.**