



ANNUAL GENERAL MEETING 2019

NOMINATION FORM

To be submitted no later than Friday 29th March 2019

THIS SECTION MUST BE COMPLETED BY THE PERSON BEING NOMINATED THEN PASSED TO A LACROSSE SCOTLAND MEMBER WHO WILL COMPLETE THE SECTION OVERLEAF

Name of nominee: Iain Bell

Please tick (by clicking the box) in the position that you wish to be nominated for:

- | | | | |
|----------------------|--------------------------|---------------------------------------|-------------------------------------|
| Chair | <input type="checkbox"/> | Communications & Secretariat director | <input checked="" type="checkbox"/> |
| Finance director | <input type="checkbox"/> | Development director | <input type="checkbox"/> |
| Men's Sport director | <input type="checkbox"/> | | |

Using the remit for the post you are applying for, please give a *short* statement explaining your relevant skills / experience and why you are a good candidate for this post on the Lacrosse Scotland Board. Your statement must not go beyond this A4 page.

I have played lacrosse for just over a decade now, first picking up my lacrosse stick whilst at the University of Aberdeen, I have since served in several committee positions for a variety of teams based in Aberdeen, currently serving as the community representative for RGU where my role is to aid in the integration between the student members and the community members within the club. I also run a tour team, The Grizzlies, and have organised 5 tours to mainland Europe for the team over the last 3 years, utilising social media to grow the team and bring in players from all around the world to play for the team. The sport has become a huge part of my life and I relish the opportunity to help move lacrosse in Scotland forward into a new age.

Both on and off the lacrosse pitch communication plays a key role in my life. On the pitch the team that is loudest and communicates best will work together better and has an advantage, this has been instilled in me throughout the ten years I have played lacrosse and is a skill I try and take into my day job as an ambulance technician. In my role at work communication is essential to get anything done, and any communication must be dealt with sensitively due to its nature. These skills I will bring into the role of communications and secretariat director, to bring about an unprecedented level of communication to the membership of Lacrosse Scotland, to ensure that every member has full knowledge of what is happening within Scottish Lacrosse. Communication is a two way street and I would be open to feedback from the membership, it is important to know when to listen and when to negotiate and put your opinion out there, these are skills I am required to do daily when I am at work and would approach the role in a similar manner as I do my daily work life.

In previous work roles I have had to organise and communicate events to a group of people, and worked together with a team, this coupled with my enthusiasm and love of the sport makes me ideally suited to head an events committee and working with the other directors ensure that lacrosse in Scotland has an exciting an eventful future.

I believe I have the knowledge of lacrosse, the abilities picked up through my years of playing and skills learnt through my various work roles to succeed in this role.



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**THIS SECTION MUST BE COMPLETED BY THE LACROSSE SCOTLAND MEMBER WHO IS
NOMINATING THE NOMINEE**

Name of nominee: Iain Bell

Name of Lacrosse Scotland Member: Christopher Knowles

Please send this form to the recruitment mailbox by Friday 29th March 2019.**

** [recruitment @ lacrossescotland.com](mailto:recruitment@lacrossescotland.com) without the spaces