



## NEWSLETTER SEPTEMBER 2011

### EGM

Saturday 10<sup>th</sup> September 2011 at 10 am

Caledonia House, 1 Redheughs Rigg, South Gyle, Edinburgh EH12 9DQ

We look forward to seeing as many of you as possible.

### Rathbone's Sponsorship

We are delighted to be partnering with Rathbone Brothers PLC (a management investment company dealing with portfolios for private clients) in the forthcoming years and seasons. More news on this will follow in the next newsletter.

### School's News

#### National Pop Lacrosse Bath 26 June 2011

Congratulations to Pittencrieff Primary who competed in Bath having won the Scottish National Pop Lacrosse Tournament.

Pittencrieff Primary had a very successful round robin, finishing top of their group, but unfortunately being knocked out in the quarter finals.

Well done to all the children and their teacher, Lisa Martin.

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## Scotland Women's News

### U19s Hanover 3-13 August

The U19 team were the first team to wear the Rathbone's logo on their shirts at the U19 World Cup, 3<sup>rd</sup>-13<sup>th</sup> August 2011. Congratulations go to the team on securing 6<sup>th</sup> place.



Captain: Emily Zaborski, Vice Captains: Natahsa Rodgers and Lydia Nicol, Team as below.

Number	Name	Position	Number	Name	Position
1	Emily Wauchope	Goalie	10	Amy Graham	Midfield
2	Stephanie MacCaulay	Defence	11	Charlie Berqvist	Midfield
3	Nicole Paterson	Attack	12	Helena Muir	Midfield
4	Catriona Graham	Defence	13	Natasha Rodgers	Midfield
5	Emily Weighton	Attack/Midfield	14	Francesca Gray	Midfield
6	Ariella Midgen	Goalie	15	Chloe Carruthers	Midfield
7	Danielle Hill	Midfield/Defence	16	Emily Zaborski	Attack
8	Connie Thurlow	Midfield	17	Jenifer Aiton	Attack
9	Lydia Nicol	Attack	18	Antonia Hislop	Defence

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Led by Captain Emily Zaborski, the U19 Scotland squad had a very successful campaign at the 2011 U19 World Championships held in Hannover, Germany. Emily was the sole returning player from the 2007 squad that finished 8<sup>th</sup> in Canada.

With aims of the 5/6 playoff, the team has been preparing for well over two years, with multiple tours to the USA and England for competitive opportunities. After final selection in February, the team spent the remaining five months bonding as a team and putting the final tactical preparations in place for what was a historical campaign.

Seeded in pool B, the first match was against Wales, a team that soundly beat a very unsettled and newly selected team at the Junior Home Internationals held at St. Swithun's in early March. Scotland fought hard and the match was one of the most interesting Pool B matches of the first week of the tournament, with a stretch of 20 minutes in the first half with Wales with a 2-1 lead. First game jitters, however, let Scotland down and we lost 15-10 in the end. With our sights now set on the remaining pool matches to make the much-desired quarterfinals, the squad quickly blazed through, beating new country the Netherlands 22-1, then Germany 18-7, before facing a scrappy New Zealand on Sunday 7 August, the last day of pool play before the tournament rest day.

Scotland was trailing 7-6 at half time, but gradually fought back over the second 30 minutes to pull slightly ahead with 15 minutes remaining before a questionable second yellow card forced the team to play down for 5 minutes. Fighting against the man down situation a very mature and calm team held possession and scored two goals before the penalty finished. An admirable effort against the odds, the team won 17-8.

A much needed rest day of Monday 8 August allowed the team to spend time with visiting friends and family as well as explore the Hannover Zoo (which is much renowned) and explore the Maschsee lake festival which was also held in Hannover in early August. The fabulous 'Tartan Army' of supporters was paramount to the team's success throughout the two weeks and the team would like to thank them for their support, especially in the final pool game against Czech Republic. Again, an unsettled team started out in the first game of the day on the smaller pitch two, and unfortunately let the Czech team build an early lead. Yet again, the team approached the second half with maturity poise, and slowly recovered, slotting in goal after goal, with a final score of 13-9 putting Scotland seeded as team 'h' in the quarterfinal rounds. A much-deserved man of the match award went to Nicole Patterson, who had an excellent shooting percentage, finding the back of the net multiple times in the game, solidifying the 'w' for the team.

Top seed USA was the opposition for the second quarterfinal held on Wed 10<sup>th</sup> August. A dignified and gracious USA side worked diligently to hold possession and slowly build goals against our passionate Scotland girls. Both teams used the game to work on attacking movements and defensive systems, looking beyond the quarterfinal game. The USA won 13-1, with the Scotland goal coming in the final five minutes of the game when vice-captain Tasy Rogers (currently starting her freshman year at Harvard!) buried a lovely feed from Emily Weighton. Next up, Japan in the first Consolation semifinal on Thursday 11 August.

The much respected Japanese side had beaten England in pool play earlier in the tournament and came into the tournament seeded 5<sup>th</sup> overall. The game was very exciting throughout, with Scotland keeping possession and using the valuable game-tempo that they learned playing the USA to good use. The teams kept neck in neck throughout the game before a timeout called by Scotland with five minutes remaining with a 15-14 lead to Japan seemed to ruin the flow of the Scotland play. Two and

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a half minutes left and Scotland was down by four and hope was fading both on the sideline as well as within the Tartan Army. Then, goal by Scotland, Draw control by Scotland, goal by Scotland, draw control by Scotland, goal by Scotland, left the score 18-17 with thirty seconds left. The attack slowly worked the ball around, building a scoring opportunity that Emily Zaborski took with 15 seconds left in the game, tying it at 18-18.

The momentum from the amazing comeback continued into the overtime, with Scotland scoring the first goal one minute into the first three minute of the period. A distraught Japanese player earned her second yellow card of the game, forcing the stunned Japanese team to play a man down for the remainder of the game. Scotland was clearly in control for the rest of the match, finishing the game with a 21-18 victory, a first for the U19 program to ever beat Japan. A team effort that I know we will all remember for the rest of our lives!

With our goals achieved, the squad used the bonus rest day of Friday 12 August to recover from the emotional win, spending time supporting friends in the England team as well as our new found friends floor-mates Australia in their semi final games before facing Wales again in the 5<sup>th</sup>/6<sup>th</sup> playoff at 9 am on Saturday. The match time was unfortunate, as it was pushed earlier and onto field two due to wet weather on the Friday evening. With our goals already accomplished, the girls found hard against Wales, keeping the score relatively level for most of the game, though the tiredness in legs and minds showed with our difficulty in moving the ball into our attacking end. Final score was 12-7, though the team was satisfied of having achieved our goals of finishing higher than in 2007 as well as beating Japan in an epic game!

Special mention should go to the stalwart staff of Pauline Davey, Jen Allison, Vanessa Heywood, Abbie Mitchell and Emily Bryson, who have all given countless hours to get the team to the tournament. We will miss Emily as she returns to Boston to pursue her nursing career as well as Jen Allison who is rightfully focusing on her own medical career. Vanessa claims to be leaving her physio role after treating every single player and staff member over the two week tournament, but we know that we will see her face either as supporter or a guest coach over the coming years.

I would finally like to say that the team was a joy to coach, and all of the girls, I know, will continue to represent Scotland on the lacrosse field in the coming years. They worked hard, played hard, and represented our homeland with pride, passion and precision. I miss them all already, but look forward to seeing them continue to blaze both personal and Scotland paths through international lacrosse in the coming years.

By Kate Nelson-Lee

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## U19s US Tour photos



1 Jennifer Aiton  
2 Connie Thurlow  
4 Chloe Carruthers  
5 Amy Graham  
7 Catriona Groom

8 Lydia Nicol  
9 Helena Muir  
10 Emily Zaborski  
11 Stephanie MacAulay  
12 Francesca Gray

13 Natasha Rodgers  
14 Josephine Peile  
15 Rachel Smart  
16 Suzanna Rodgers  
17 Danielle Hill

18 Antonia Hislop  
19 Laura Stockton  
22 Roseanna Butler  
23 Ariella Midgen  
30 Jennifer Anderton

### [Article from the Southern Maryland Newspapers dated Friday April 15<sup>th</sup> 2011](#)

Scotland long has been known for its kilt-clad bagpipers, mysterious Loch Ness, buttery shortbread cookies. And on Saturday at Calvert High School, its lacrosse skills.

On a five-game tour of Southern Maryland, the Scottish U-19 girl's lacrosse team evened its record with a convincing 17-4 win over the Calvert Cyclones travel team.

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The Cyclones, who are coached by Calvert High varsity coach Joyce Haines and comprised of players from Charles, St. Mary's and Calvert counties, saw its Scottish opponents jump out to first-half leads of 4-1, 8-2 and 11-3 at the half.

"Our girls were definitely intimidated, but I think once they got out there and got the butterflies out that they were excited," Haines said of her team, which on Saturday played for the first time together in 2011. "I thought [Scotland] would be more aggressive, but they weren't and they were very controlled with their sticks, which is very refreshing to see. It was nice to see a calm, controlled game."

"It was actually kind of interesting because we didn't know what to expect," St. Mary's Ryken sophomore midfielder Kristin Cedar said. "It was a lot of fun, a cool experience."

Emily Mutschler, a junior defender at Huntingtown, agreed.

"They were definitely better than I thought they'd be," Mutschler said. "You could tell that they worked hard a lot and that they practice how they want to play so they're definitely a strong, well-built team."

The Scots, who placed sixth at last year's World Cup, arrived last Wednesday and played five games before today's departure.

The team, which stayed in Leonardtown, also was slated to visit Annapolis, Baltimore and Washington, D.C. It will compete at the World Cup in August in Hanover, Germany.

"It's definitely a settled style of attack they play a lot," Scottish head coach Kate Nelson-Lee said of the Cyclones. "It's not like the run and gun, fast break, fast break, fast break we're used to. We really wanted to play against somebody who would play a settled attack and I told the girls it was going to be like a chess game today. At home in Scotland, it's much more run, run, run. Definitely [it will help] because some of the countries we'll be up against [such as the Czech Republic and Wales] play the same kind of style."

"It's such a good experience to be out here playing such a different style from back home," said Emily Zaborski, who attends Scotland's University of Exeter. "It's a lot faster here, definitely a lot faster."

Teammate Natasha Rodgers hails from Edinburgh and will attend Harvard University in the fall.

"It was quite a fast-paced game and they had a lot of ball movement so it was a really good game," Rodgers said. "It's a very different game [with] different attacking moves, different defensive moves, so we had to adapt our game to play. They were really good."

Scotland dominated in particular on draw controls, which it turned into quick goals.

"We have been working on it recently because it's a key to the game, but it hasn't been very good in the past," said Scotland's Helena Muir, who lives in Surrey. "It was a kind of game where we could show our best off."

"They have a lot of height and they're lightning-fast," Haines said, "and that quick step on the draw control, that's what will get you the ball."

Cedar added, "We weren't really intense on getting in there [for possession] and they were."

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Muir and Chloe Carruthers each scored a game-high three goals, while Nicol, Rodgers and Amy Graham had two each for the Scots.

"We were able to use set moves and plays and I think our defending was quite good as well," Muir said. "We just need to communicate more, which is a problem we always have."

Cedar didn't see communication as being a drawback in the Scots' game.

"They communicated really well and really loud," she said. "It was kind of intimidating."

Moments into the game, the referee blew his whistle and asked the Scottish bench if it knew of the three-second rule.

"Yes," groaned the bench in unison.

It would be the only negative for the visitors on the afternoon.

Scotland, which currently has about seven schools playing the sport but far more club teams, had four runs of at least three goals, including a 6-0 run to close out the game.

"Their shots were pretty hard and they had some good angles, so it was pretty hard [to stop them]," said Cyclones goalie Brittany Hodson, a sophomore at North Point who came in late in the game. "You just had to get there."

"It's always better to play above your level," Mutschler said, "because then you know what to expect when you're a lot stronger."

Haines said she's excited at what she saw from her team in its first outing.

"Our midfield transition was beautiful. They saw the open plays and we were very good at catching the ball and accurately getting it up the field," she said as she walked off the field to join the two teams at a dinner at Mamma Lucia Restaurant in Prince Frederick. "Our offense wasn't very strong, but they hadn't played together, so we had no set plays but basic skill is what got us the goals. It's a good start so I'm looking forward to the summer."

### [U17 Festival, Hannover 2011](#)

Scotland entered the U17 Festival that ran alongside the U19 World Championship during August. The girls selected were all very excited at the opportunity to represent Scotland, in the Bravehearts team. The girls arrived with positive attitudes and a want to perform to their full potential. The tournament got off to a shaky start with the girls first opposition forfeiting the match, the girls played a friendly match against a combine team put together from a team from Minnesota and one from Hamburg. The girls got a true feeling of an international festival. Spirits were high and the Bravehearts won the match. Girls from all teams enjoyed the match with anthems from all countries sung in celebration of the experience. Day two saw the girls play the Rising Stars from Germany. The Bravehearts got off to a flying start with the girls winning the majority of draw controls and converting this into goals. The final score was 12-2 to the Bravehearts. The final day of the group stages saw the Bravehearts play Centex Red. The Braveheart girls played well and never gave up

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throughout the match. The final score saw Bravehearts losing 4-18. Following the group rounds Bravehearts found themselves in the 7<sup>th</sup> & 8<sup>th</sup> playoff against the Minnesota Lakers. The score was 3-2 at halftime to the Bravehearts. The girls played well but were unable to maintain their first half performance. The final score was Lakers 12, Bravehearts 3. The girls not only enjoyed the lacrosse in the tournament, but also the additional matches, where teams were mixed with the Minnesota Lakers and the coaches from both teams getting involved in the action. Away from the festival the girls had the opportunity to meet players from other teams, watch matches from the U19 World Championship and even build a bedroom fort and design a superhero costume. Overall, it was a very enjoyable tour offering experience and opportunities for all the girls.

Specials mention should go to Laura Stockton who was awarded most valuable defender of the entire tournament an outstanding achievement. Jenny Anderton was nominated as most valuable goal keeper of the tournament. The U17 team have a wealth of talent, the coaches are looking forward to next season and seeing how these girls progress throughout their Lacrosse Scotland careers.

By Fiona Gee



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## Scotland Men's News

### USAAI ( Athletes International) tour completed week ending June 11.

Highlights of tour included:

1- match against Scotland East - a team selected from Glasgow City, Uni & Stirling Uni. Many new players to the game were exposed to highly skilled lacrosse. Credit to USA who played within themselves to encourage a competitive match. Result was 10-0.

2- match against Scotland East - a team selected from Edinburgh City, Uni & Aberdeen. Final game of tour. Played in high spirits. National Anthems played before game created unprecedented atmosphere for the players. Approximately 60 spectators at main hockey pitch at Peffermill. Result was 12-2. Very competitive game. Played in excellent spirits.

### U19s and European Trials

63 Players attend Trials

The Weekend of August 6 and 7th marked the selection weekend for the U-19 World and European Championships held at Fettes in Edinburgh. 63 players from as far as Los Angeles (Huntington Beach) and Vancouver (Canada) attended the two day trials in preparation for what should prove to be a very busy summer 2012. Though the rain was constant, the players hustled through series after series of drills in attempt to gain a coveted spot on one of the squads going forward to either the U19's in Finland or the European Championships to be held in Amsterdam. Fettes proved to be once again the ideal venue for the trials. North American players Matt Carey and Ian Bolland marvelled at the picturesque view from the pitches with Fettes and the Edinburgh Castle in the background. The venue is difficult to beat as food, lodging and playing pitches are all in the shadow of beautiful Edinburgh. re-marked Coach Kenney. As part of the trials, the coaching staff held a shooting/offensive clinic prior to the trials. It is extremely important that Scottish based players and those in the UK develop offensive awareness—these types of clinics are going to be focus of Scotland Lacrosse development for each session going forward - it's a goal of mine to have a leading scorer in the 2014 Worlds that is Scottish based, stated Coach Kenney. There were 10 North American based players who attended the trials. With 53 UK based players and most of them relatively young, the future is exciting for Scotland Lacrosse, mused Performance Director Keith Robertson. Each year the selection process is made more difficult as the talent level and enthusiasm for Scotland Lacrosse increases with each major tournament. Very difficult decisions will be made in the next few weeks, stated Coach Mark Hodkin. That there is now a HS (Mearns Castle) programme in Glasgow, will enable the competition to be ramped up even more in the future and that is a positive.

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## Manchester Tour

At the conclusion of the Trials, 46 players and the Coaching Staff travelled to Manchester to scrimmage 4 Premiership teams in the UK. Organized by Rory Marsden, the players were inexpensively housed at Manchester Uni and played friendlies at Timperley, Wilmslow, Waconians and Heaton Mersey. Playing for events in four days is a terrific prelude to the international tournaments, remarked Coach Kenney. Players learn to compete with each other, play consecutive games and fight through pain. Moreover, they learn that they need additional fitness for the grind of the international tours and the fundamentals that they need to master prior to the summer of 2012.

There was a training session and two games per event—the U-19's squad played first followed by the Senior squad. It made for a lacrosse focused week, stated longtime senior Goalie Ethan Harris. The hard work was immediately noticeable. While stats were hard to come-by, the number of goals scored and the goal denied improved with each game. The purpose of these events is to gain playing experience against quality competition—experience that perhaps one can't get consistently in the leagues based in Scotland, stated Assistant Coach Hodkin. Improvement in play was clearly seen on face-offs. Face-offs can be game changers stated Coach Kenney. Both Johnny Shaw and Mark Currie really came into their own as faceoff specialists this week in Manchester. The clearing game improved as well—long gone are the games of struggle to clear the ball after a credible save. Clearing is no longer a matter of a hope and prayer, mused Coach Hodkin. Goalie Play—by the 5 keepers (Ethan Harris, Stefan Wyroslawski, Ian Bolland, Andrew Shen and Trevor Jackson) - kept the Scots in each competition. They were working with a younger defensive group and their stopping skills and clear communication enabled us to move seamlessly from Man-to Man to Zone, commented Coach Hodkin. Key defensive development was evident in the play of new-comers Nye Gordon and Jamie Fleming, Euan Bean (U-19, Matt Hill (U-19) and Alistair Lee(U-19) - each complementing the play of Calum Watson, Jim Huntington and Conner. On the offensive side, long time members Dan Heighway Rory Marsden, Malcolm Kent and Myles Bonnar were solid leaders. Newcomers Adam Sinclair, Bruce Leishman, Corie Bruce, Connor Howe, Kevin Archer, Kenny Dunn, Martin Crawford and Andrew Farrington (Senior), provided added depth to the Scotland Sides. At the conclusion of the Tour, the traditional awards were handed out.

### **Hodkin Offensive Player -**

U-19— Johnny Shaw Seniors Matt Carey & Dan Heighway

**Marr Defensive Player-** U-19 Andrew Shen Seniors Nye Gordon

**Powell Unsung Hero** U-19 Nathan Collingwood Seniors Rory Marsden **Clark**

**Most Improved** (newly established and named for the Clark Brothers—Paul and Martin—mainstays in the early development of Scotland Lacrosse and outstanding players)

U-19 Euan Bean Seniors Mark Currie and Martin Crawford

By John Kenney

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## Refereeing News

Thanks to Rob for officiating at Prague Cup 6-9<sup>th</sup> July 2011 and Lorna at the U19s Championships 3-13<sup>th</sup> August 2011

## Refereeing Course in Oct

Level 1 course on Saturday 15<sup>th</sup> and Sunday 16<sup>th</sup> October, if interested please email [referees@lacrossescotland.com](mailto:referees@lacrossescotland.com)

## FIL Update

I attended the FIL Women Sector meetings, which took place after the event, on behalf of Lacrosse Scotland.

Perhaps the most interesting presentation was about the **2013 Women's World Cup in Canada**. Cheryl MacNeill, is heading up the organising committee and some LS members may remember her as the "young" Canadian player from the 1993 Edinburgh World Cup. The event will take place between 12<sup>th</sup> and 20<sup>th</sup> July in Oshawa, the largest city in the Durham region. Players and spectators were recommended to fly into Toronto. The 2013 website will be launched on 15<sup>th</sup> September 2011. The logo is ready to be used on publicity material and is based on the medicine man's wheel. Cheryl was very interested to know that the very first Women's International match took place in 1913 - Scotland v Wales at Richmond, London. (Scotland won 11- 2.) She intends to mark this centenary.

## Other updates from FIL.

**FIL General Assembly 2012** will be held in Amsterdam in late June, prior to the opening ceremony, on 20<sup>th</sup> June, of the European Championships.

**Under 19 Girls 2015.** No bids have been received as yet and so the decision has been extended to the end of January 2012. All the documents are on the website. Expressions of interest are required by end of September and the document should be submitted by 1<sup>st</sup> December. The FIL will make their decision at their January meeting 2012.

**Touring. Teams intending to tour to another country** (this includes all teams ie International teams and clubs) **must inform that country a minimum of 6 weeks before hand. This is in the FIL bye laws but tends to be ignored.** Cc must be sent to the relevant Women or Men's Director - Shelley Maher or Jack Emmer.

It is a courtesy but also provides an opportunity for umpires to practice international rules.

By Jane Claydon

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## New Membership Forms

The 2011-12 Individual Membership Forms and the Schools Membership Forms are now available on the website [www.lacrossescotland.com](http://www.lacrossescotland.com) or contact [office@lacrossescotland.com](mailto:office@lacrossescotland.com) Please could everyone return these asap fully completed as it is hoped to get a Membership Directory out in February and only those who have returned their forms can be included! Also only members will receive the next newsletter, emails, insurance etc.

## Wedding

Congratulations to our President Julia Taylor who married Dave Clarke. On 6<sup>th</sup> August 2011

## Obituary

Lacrosse Scotland was sorry to hear of the death of John Reid on Friday 27 May, husband of Pat and father of Fiona and Alison who was involved in lacrosse for decades.

## Future Events

The fixtures for 2011-12 are available on the website [www.lacrossescotland.com](http://www.lacrossescotland.com)

2011	Men's World Box Lacrosse Games – Prague, Czech Republic. Scotland will not participate.
June 18-July 1 2012	Men's European Championships, Amsterdam, Holland
July 14-28 2012	Men's U19 Championships, Finland
2013 -	Senior Women Home Internationals - 20/21 April
2013	Women's World Cup
2014 –	Men's World Games – 10 <sup>th</sup> to 19 <sup>th</sup> July 2014 – Denver, USA.

## Thank You

Lacrosse Scotland would like to thank Andy Pearson for all his help and support with our website. If anyone is looking for help with their website please see below.



Thank you to everyone who contributed to the newsletter. If there is anything you want included in the next newsletter (December) please send it to [office@lacrossescotland.com](mailto:office@lacrossescotland.com). The newsletter can only contain information received.

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