



## NEWSLETTER MARCH 2011

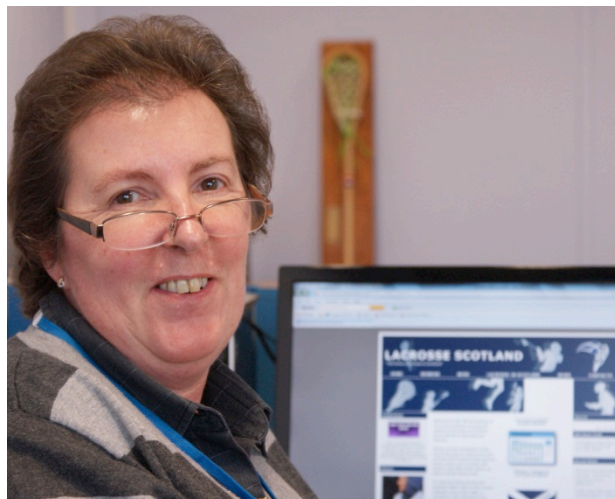
Welcome to the new newsletter from Lacrosse Scotland.

### Open Invitation

We have appointed a part time Administrator, Caroline Bascombe

Caroline hopes to meet as many as possible of our Members and Friends . All are very welcome to visit her at the new premises. Please contact the office beforehand otherwise our administrator, who has flexible hours, may not be available to admit you.

If you have any queries please do not hesitate to ring or email at [office@lacrossescotland.com](mailto:office@lacrossescotland.com)



### Women's Performance Chair

We are delighted to announce the appointment of Jane Gardiner to the position of WPC, her help and support will be greatly appreciated

## Mixed Indoor Tournament

7 teams took part in the Scottish Lacrosse Mixed Indoor Tournament at the Beach Leisure Centre in Aberdeen on Saturday 22 January.

Team	Points	Goals For	Placing
Aberdeen City 1	25	40	1
Thistle	25	29	2
Glasgow University	25	24	3
Aberdeen City 2	15	21	4
Capital 1	10	11	5
Capital 2	5	6	6
Aberdeen City 3	0	7	7

In a hotly contested round robin tournament which saw Glasgow University, Edinburgh Thistle and Aberdeen City 1 all win 5 and lose 1, the hosts eventually took the tournament on goal difference, accumulating an impressive 40 goals throughout the tournament.

Thistle, from Edinburgh, came in second, while Glasgow University, the only university team represented, came in third.

The Aberdeen City 1 team comprised of Helen Innes (captain), Rachel Smart, Philip Smart, Corrie Bruce, Ana Fulton-Peebles and Lydia Nichol.

The presentation to the winning team was made by Steve Russell, Managing Director of Sport Aberdeen.



Front from the left: Rachel Smart,  
Ana Fulton-Peebles

Back from the left: Lydia Nicol, Corrie  
Bruce, Helen Innes (C), Philip Smart,  
Steve Russell

By Maria Grandinetti

## Leagues

It is fabulous to see so many league matches being played despite the weather disruptions and being enjoyed by those participating. The results at 23 February 2011 are below.

### Mixed League

Team	P	GF	GA	W=5	SD=3	L=0	Points	GD
Edinburgh Thistle	5	64	15	5	0	0	25	49
Aberdeen City	4	43	11	4	0	0	20	32
GHK	3	24	21	2	0	1	10	3
Dundee Uni	3	6	11	1	0	2	5	-5
Glasgow Uni	4	17	37	1	0	3	5	-20
Aberdeen Uni	4	18	43	1	0	3	5	-25
St Andrew's Uni	1	5	7	0	0	1	0	-2
Capital	4	13	45	0	0	4	0	-32

### Men's League

Team	P	GF	GA	W=5	L=0	OTL=-2	Points	GD
Edinburgh City	6	51	23	6	0	0	30	28
Glasgow City	6	27	27	4	2	0	20	0
Aberdeen	3	12	17	1	2	0	5	-5
Glasgow Uni	5	26	40	1	4	0	5	-14
Stirling Uni	4	5	14	0	4	0	0	-9

## Scotland Men's Lacrosse Trails

As you may be aware our previous trial in early December was flummoxed by this year's particularly spectacular Scottish weather. However we're back on schedule for March 19-20, which will be hosted in Glasgow at Craigholme School. John Kenney will be leading the training sessions along with Keith Robertson and Mark Hodkin.

Details:

Date: March 19-20, 2011

Time: March 19: 15:00-17:30, 18:30-20:30

March 20: 10:00-12:00, 13:00-15:00

Cost: £30 for Seniors, £20 for U19 if registered by March 11, 2011

£40 for Seniors, £30 for U19 if registered after March 11, 2011

Location: Craigholme Sports Complex, Haggs Road, Glasgow

You must be a 2010/2011 member of Lacrosse Scotland to attend this event.

For further information please email: [mens.performance@lacrossescotland.com](mailto:mens.performance@lacrossescotland.com)

## Women's Performance Group

As a group we proudly look after the Scotland's Women's National Lacrosse Squads; everything from deciding what colour of socks to wear, to how to fund international competitions.

This year is an exciting one as the **Junior World Championships** are to be held in Hannover, Germany. Our Junior Scotland players will have excellent preparation as they will be competing in the Senior Home International B team tournament in April. We wish them luck as they start their representative career for Scotland, we are sure you will do us proud!

The Senior Squad will be playing their Home Internationals in Wales from Friday 15<sup>th</sup> to Sunday 17<sup>th</sup> of April. Usually the Home Internationals are played between Scotland, England and Wales but excitingly Ireland have developed a national squad and will be represented at the competition for the second year running.

Scotland is hosting the Under 21 Home Internationals on Sunday 6<sup>th</sup> March at Fettes School in Edinburgh. Scotland will be in action against England at 11am then against Wales at 3pm, with England and Wales playing at 1pm. It promises to be a day of excellent competition in a fantastic setting so we would be delighted if you could come along and support!

As a group we are not only focused on the development of our national squads but also on fundraising as we receive no financial support. So if you have any great ideas for fundraising please do get in touch!

### Upcoming events:

Under 21 Home Internationals	6 <sup>th</sup> March	Fettes College, Scotland
Junior Home Internationals	19 <sup>th</sup> – 20 <sup>th</sup> March	St. Swithuns School, England
Senior Home Internationals	15 <sup>th</sup> – 17 <sup>th</sup> April	Monmouth, Wales
Junior World Championships	4 <sup>th</sup> – 13 <sup>th</sup> August	Hannover, Germany

Thank you,

WPG

## New Rule Books

Following the changes in the rules the office has copies of the 'Federation of International Lacrosse 2011-2014 Women's Official Rules' for sale at £5.00. If you would like to purchase a copy please contact the office.

Changes in rules for goalkeepers regarding the colour of goalkeeper's mesh pockets can be found at <http://www.laxrules.co.uk/?p=1021>

## Umpiring Courses

The umpiring course Sunday 6 February was well attended and the following passed. We look forward to seeing them umpiring at matches. If you are interested in taking an umpiring qualification please get in touch with [office@lacrossescotland.com](mailto:office@lacrossescotland.com).

Madeline Deacon	Aberdeen University	Pass
Alice Pulbrook	Edinburgh University	Pass with distinction
Allie Haynes*	Edinburgh University	Pass
Charlie Wills	Edinburgh University	Pass
Hannah Preston	Edinburgh University	Pass
Josephine Roele	Edinburgh University	Pass
Chloe Lallyett*	Glasgow University	Pass
Lucy Eccles	Glasgow University	Pass
Melissa Oliver	Glasgow University	Pass
Kate Drummond	Glasgow University	Pass
Susan Maclean	Glenalmond	Pass with distinction
Linda Hall	Glenalmond	Pass
Susan Wightman	Fettes	Pass
Zoe Benson	Capital Lacrosse Club	Pass

Special congratulations to Susan Maclean and Alice Pulbrook who passed with distinction ie getting a pass rate of more than 90%.

\*November 2010 passes

## New Rules and Umpiring

A new R&U website ([www.laxrules.co.uk](http://www.laxrules.co.uk)) has been created to help everyone to find information about courses, testing dates, rules and opportunities to umpire at tournaments outside the UK. There is a password protected area that club captains can use to find out who has passed the various umpiring awards. As the "chain of information" has been known to break down or suffer from the "Chinese Whispers" syndrome, if you subscribe to an RSS feed then you will automatically get any R&U news & updates "hot off the press" – this is equally helpful for players, Club Captains, coaches, teachers as well as umpires.

Please note that we have introduced an extra level of umpiring award in order to keep in line with GB, however this does not change anything for the Scottish system in real terms. In Scotland in order to get to P level (Level 2) you need to sit a theory and practical test and this will not change, however the English system gives people a Level 1 award on passing the P theory test and a Level 2 award on passing the P practical test.

We are always keen to hear from anyone who wants to achieve the B level (Level 3) umpiring award so if you are interested, please contact [umpires@lacrossescotland.com](mailto:umpires@lacrossescotland.com). Courses are run as and when needed; however testing opportunities are not as plentiful so the more notice we have the more likely it is that we can find a suitable event for testing.

By Lorna Powell

## Coaching Courses

The following course has recently taken place and was well attended-

Level 1 coaching course Sunday 30 January in Edinburgh

If you are interested in taking a coaching qualification please contact [office@lacrossescotland.com](mailto:office@lacrossescotland.com).

## Scottish Schools Lacrosse

The Scottish Schools' Lacrosse season started with some unwelcome snowy weather but since has been a whirlwind of activity! Despite the first two weeks being a white out, Lacrosse Scotland has put on two Development Days for schools players. The U15 Development Day happened at Fettes College on January 18<sup>th</sup> and the U14, also at Fettes, occurred on January 20<sup>th</sup>. Both days were a tremendous success lead by Linda Hall, an ex-International lacrosse player and coach. The schools represented and involved were: Fettes College, Glenalmond College, Loretto School, St. George's School and Lockerbie Academy. All secondary schools in Scotland were invited but only these five attended – hopefully in the next few years participation will increase.

Additionally several schools have girls playing representative lacrosse leading up to the Under 19 World Championship this summer in Hannover, Germany. The selection will take place at the end of February and we wish all of those girls the best of luck. More information about the Championships is available at <http://u19womenslacrossewc2011.de/>.

By Emily Bryson – Schools Representative

## Captain's Summer Season:

This year the Senior Squad coaches have introduced the idea of a Captain's Summer Season with a view to playing some competitive but fun lacrosse in the sun without the coaches present. Run by the captain, this is a fantastic opportunity for the squad to get to know each other better and play together as a team in a relaxed and fun atmosphere without the stress of selection. It is also a great way to maintain stick skills and stay in shape so that the squad can kick the 2011/2012 season off as they mean to go on!! Open to both new and old Scottish players the aim is to enter 2-3 weekend tournaments over the summer under the team name "The Highland Lassies"! So far the most popular tournament choices are the Bluesfest Tournament in London (11th-12th June 2011), the Austrian Open in Vienna (3rd-5th June 2011) and the Lowlands Tournament in Amsterdam (24th-26th June), but there are still spaces available and other tournaments in the pipeline so if you have a tie with Scotland (such as current, new or ex squad member or Scottish club or university player) and are interested in playing, please get in contact with Emily Knight (Flame) to find out more ([playersgp@gmail.com](mailto:playersgp@gmail.com)). It is a really exciting time for the Senior Squad as they start to build towards the next World Cup in 2013 and it is the perfect time for players to join in/come back and find out what they are missing out on!

By Emily / Flame

## MacRobert Festival

We all look forward to seeing players and friends at the forthcoming MacRobert Festival on Saturday 12<sup>th</sup> March and Sunday 13<sup>th</sup> March 2011. This is an event not to be missed!

## Summer Employment

USA Coaching Tour 2011 For Lacrosse and Hockey

Academy International, a renowned sports education company in the U.S., is currently recruiting male and female coaches to teach girls' lacrosse or field hockey.

Starting July 7th for lacrosse coaches, and July 14th for hockey coaches, qualified individuals will have the opportunity to fly to Washington, D.C. with fellow coaches to start an exciting 5-6 week tour of America. Each week staff will visit a different city and stay with a friendly American host family. Other benefits will include:

- Paid upfront cost of the return airfare
- Weekly wages up to \$350 per week
- Free travel and accommodation while in America

To join the Academy International Team, we require our staff to be a minimum age of 19 for lacrosse and 20 for hockey and possess the following:

- Outgoing, friendly personality
- Minimum Level One certificate (for hockey coaches only)
- Good playing ability
- Experience working with youth

If you would like to receive an e-tour brochure, email Martyn at [Sports@academyinternational.net](mailto:Sports@academyinternational.net). To apply now, visit [www.academyinternational.net](http://www.academyinternational.net) and complete the online employment application. Interviews will take place in the U.K. early this year. Please forward this opportunity to friends and teammates.

## Obituary

Vivien Jones, who died 26.12.2011, was a legend of women's lacrosse. Although a little uncomfortable with that accolade herself, she stands out as genuinely deserving for her extraordinary playing career but also for her passion and commitment to her sport and her ability to forge longstanding friendships with team-mates and opponents alike. To see full obituary go to [www.laccrossescotland.com](http://www.laccrossescotland.com)

Jane Claydon (Past President) represented Lacrosse Scotland at the funeral.

## Future Events

6 March	U21 Home Internationals (Scotland)
Saturday 12 March	MacRobert Festival
Sunday 13 March	MacRobert Festival
19-20 March	Junior Home Internationals (England)
19-20 March	Men's Open Trials
2-3 April	Senior women/Juniors Training weekend
15-17 April	Senior Home Internationals (Wales)
30 April-May 1	Men's British National Championships, Manchester
Saturday 7 May	AGM and Men's' Finals weekend
Sunday 22 May	National Pop Lacrosse Tournament
28-29 May	Under 19 Training weekend
3-13 August	Under 19 World Championships

### Other future events

2011 – Men's World Box Lacrosse Games – Prague, Czech Republic. Scotland will not participate.

2012 – Men's World Under 19 Championships – Turkey, Finland  
Men's European Championships – venue Netherlands.

2013 Women's World Cup

2014 – Men's World Games – 10<sup>th</sup> to 19<sup>th</sup> July 2014 – Denver, USA.