

FIL WOMEN'S RULE UPDATES: 2010-2014

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1.1 **FIELD MARKINGS, RULE 1.A:**

Except for the goal line, all field marking lines shall be 5.1cm to 10.2cm wide. The goal line shall be 5.1cm wide. (Rule 2.A.3) It is recommended that all lines be painted white.

1.2. **SCORERS/TIMERS, RULE 9.A.4 AND SUBSTITUTION, RULE 11.A.**

A. Each team may substitute an unlimited number of players at any time during the play (including overtime), after every goal, after a team time-out and at halftime. **All substitutions must be made through the Substitution Area.** All players, including the goalkeeper, must come off the field and exit between cones/markers before a substitute may go on to the field. No other players or coaches are permitted in the Substitution Area except those players waiting to eminently enter the game. When an illegal substitution occurs, the scorer/timer will immediately notify the nearest umpire. (Minor Fouls and Penalties, Rule 19.A.15)

1. An extra player, an ineligible suspended player, or an illegal player, one incorrectly or not listed on the team score sheet, are all illegal substitutes. Once a game starts, a player whose name and number are listed incorrectly on the Team Score Sheet may enter the game when the correction is made. The player's team will be penalized for illegal substitution.

a. If the attacking team substitutes illegally, the umpire will stop play immediately and award a free position to the opponents.

b. If the defending team substitutes illegally and the ball is in the midfield, above the restraining lines, the umpire will stop play immediately. If the ball is below/goal side of the restraining line, the umpire will immediately stop play following a missed shot or a change of possession. If the attack shoots and scores, play will resume at center with a Draw.

c. When an illegal substitution occurs, the umpire will call time-out and remove the illegal player from the field. A minor foul free position will be awarded to the opponents at or nearest the site of the ball. **Exception:** If the illegal substitute is discovered on the attacking team after a goal is scored but before the next Draw, the goal shall not count. The illegal player will be removed, players must stand, and the Goalkeeper will be awarded a free position within the goal circle.

d. If player on the field is both an illegal substitute and offside, remove the player and penalize the offside to resume play.

Rule 19.A.15: A player must not substitute illegally. An extra player, an ineligible suspended player or an illegal player (one incorrectly or not listed on the team score sheet) are all illegal substitutes. (Substitution, Rule 11)

1.4 **TO START AND RESTART PLAY, RULE 12**

Each half of the game, overtime period and after each goal, the game is started with a Draw except when a free position or throw at the centre line has been awarded. A maximum of five players from each team may be between the restraining lines during the Draw; the centers and 4 other players from each team. All other players must be below either restraining line.

Guidance: When the game starts or restarts with a free position or a throw at the centre line rather than with a Draw, players shall take legal positions as they would for the draw and must stand until the whistle sounds.

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1.4 TO START & RESTART PLAY, RULE 12.B.2 & MINOR FOUL PENALTIES, RULE 19.A.8.d.2

If both players draw illegally, or it cannot be determined why the draw was illegal, the umpire will call time-out and a redraw will occur.

1.5 OUT OF BOUNDS, RULE 14

Rule 14.D.1: The opponent nearest the ball will place the ball in her crosse and stand 4m inside the boundary from the spot where the ball went out of bounds. When the goalkeeper is inside the goal circle and the nearest player to the ball when it crosses the boundary, she will be awarded possession of the ball inside the goal circle to restart play.

Rule 14.E: When a shot or deflected shot on goal goes out of bounds, the player nearest to the ball when it crosses the boundary will place the ball in her crosse and stand 4m inside the boundary line from the spot where the ball went out of bounds. If two players are equidistant from the ball when it goes out of bounds, a Throw will be taken to restart play. Play may not resume within 11m from the center of the goal line or within 4m of the boundary. When the goalkeeper is inside the goal circle and the nearest player to the ball when it crosses the boundary, she will be awarded possession of the ball inside the goal circle to restart play. (Rule 14.D)

1.7 RESTRAINING LINE, RULE 18.A

A team must not

1. Have more than 7 attack players below/goal side of the restraining line in their offensive/attacking end of the field.
2. Have more than eight defense players below/goal side of the restraining line in their defensive end of the field. One of these eight players is usually, but not necessarily the goalkeeper.

1.8 RESTRAINING LINE, RULE 18.B. ATTACK PENALTIES

18. B. Penalties

1. When the attack is offside:
 - a. and a Goal is scored, the Goal shall not Count. (Rule 13.C.11)
 - b. If the ball is within the 15m Fan or anywhere within the goal circle when the violation is called, the defense shall be awarded a Free Position at the top centre of the 15m Fan. The defense player nearest to the top center of the 15m Fan shall be awarded the Free Position.
 - 1) The closest attack player shall move 4m to the side of the player awarded the ball relative to her field position when play was stopped. The offside attack player or the attack player nearest to the Restraining Line shall move back onside.
 - c. If the ball is outside the 15m Fan or below the Goal Line extended when the offside violation is called, a defense Free Position shall be awarded at the spot of the ball; at least 11m from the centre of the Goal Line and 4m inside the boundary.
 - 1) The closest attack player will move 4m to the side of the player with the ball relative to her field position when play was stopped. The offside attack player or the attack player nearest the Restraining Line will move back onside.
 - d. And play ends with a Minor Foul by the defense, the attack will move back onside and a Throw will be administered at or near the spot of the ball when play stopped; at least 15m from the centre of the Goal Line, 4m from the boundary and 4m from the Restraining Line. (Rule 15.B.7)

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1.9 MINOR FOULS, RULE 19.A.4

A player must not touch the ball with her hand or use her hand or body to keep the ball in her crosse. A Player must not allow any part of her body to **deliberately** impede, accelerate or change the direction of the ball. (Rule 17.A.3)

Guidance: "Deliberate" implies intent and intent is determined by a player's actions on the field.

It is a major foul if the GK blatantly attempts to stop a shot on goal by playing the ball off her body while she is outside the goal circle. (Rule 20.A.16)

1.10 RULE MISCONDUCT 22.A.4

A player receiving a yellow card must leave the field for 2-minutes lapsed playing time. A substitute may not take her place, and her team must play with one less player below/goal side of the Restraining Line for the duration of the 2-minute suspension penalty.

1.12 TOURNAMENT RULE 24: PENALTY POINT SYSTEM FOR FIL WORLD EVENTS.

For FIL Tournaments, a penalty point system will be in place for personal fouls and to deter unsportsmanlike or dangerous conduct by players: Warning (yellow card) = 2 penalty points; Suspension (yellow/red) = 4 penalty points; Suspension (straight red card) = 6 penalty points.

When a player has accrued 8 penalty points she will be automatically suspended from the next match of the Championship. Penalty points are cumulative. Once a player sits out one match, she will sit out a second match if she accrues an additional 6 points. As a warning, it is the responsibility of the TD or Competitions Chair to advise the Team Manager when a player has accrued 6 points.

FOR REFERENCE

4 yellow cards = 8

1 yellow/red and 2 yellow cards = 8

1 yellow/red & 1 straight red = 10

3 yellow cards = 6

1 yellow & 1 yellow/red card = 6

1 yellow card & 1 straight red card = 8

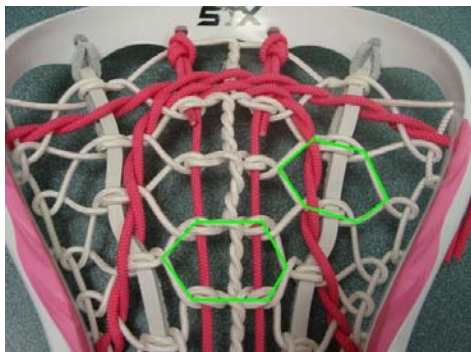
Rule 25.C.1.2 to read:

"Stop pads shall not be more than 0.5 cm thick. With the open pocket of the head facing up the stop pad shall not vary in thickness from the top to the bottom of the ball stop. The stop pads may be compression molded and may have slightly raised or inset lettering as long as the perceived goal is artistic design/advertising and does not affect ball retention. A series of parallel ridges or grooves is not acceptable. The surface of the stop pad must not in any way interfere with the free movement of the ball within the pocket or effect ball retention."

FOR INFORMATION ONLY:

Stick specification changes

Rule 25.D.1.b. to read:



"The pockets of all field crosses shall be strung with eight to 12 stitches of cross-lacing. Cross-lacing in a traditionally strung pocket is defined as eight to 12 knots/stitches, where two pocket nylon laces intertwine at a common place on a thong and evenly spaced diamonds. (A 'diamond' is the shape formed between longitudinal knots on a thong and horizontal knots.)"

STX PRECISION POCKET

Note: The **Debeer Moxie** is legal for international play without the overlay piece that screws into the sidewalls.

NOTE: The wording of some of the approved new rules may change slightly when incorporated into existing rules in the new 2010 edition of the FIL Women's Rule Book. <SLG>