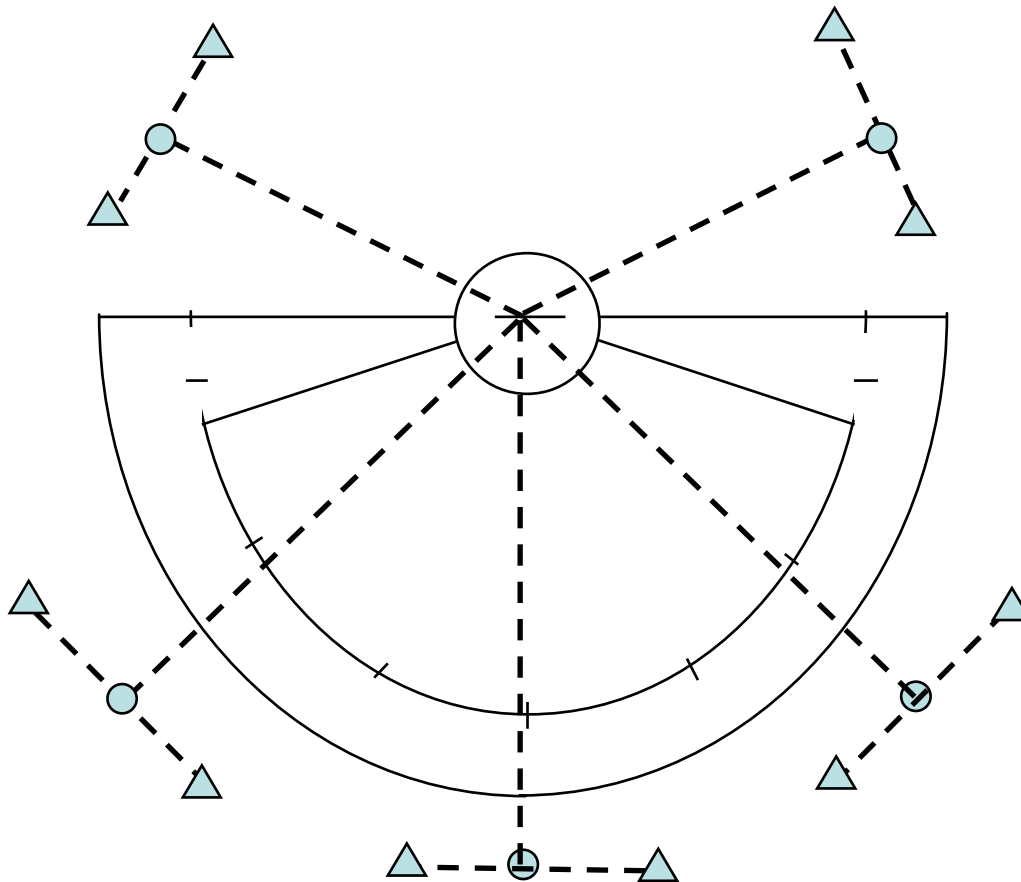


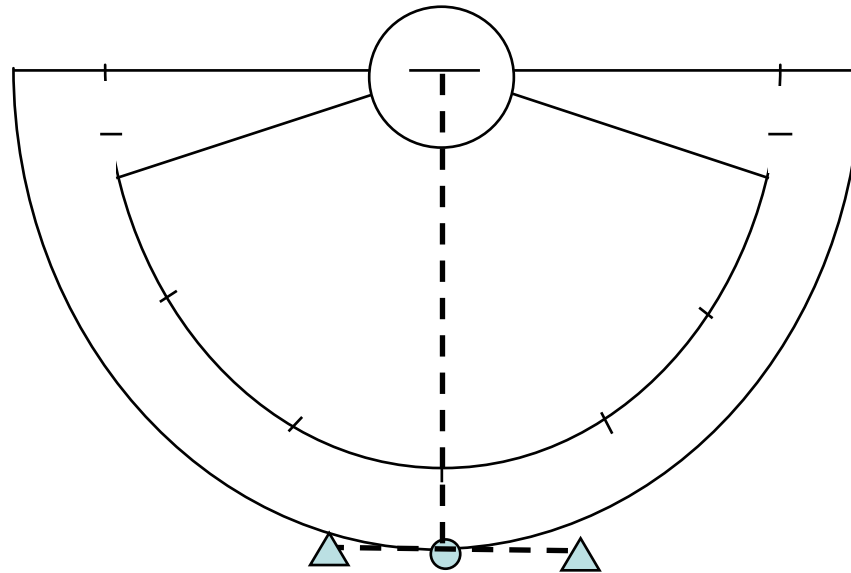
Positioning of free position for a restraining line violation by the defence when the ball is outwith the 15 m area
START PLAY WHERE THE BALL IS



○ Ball carrier

△ Offending player is placed to the appropriate) side - this shows both options left & right

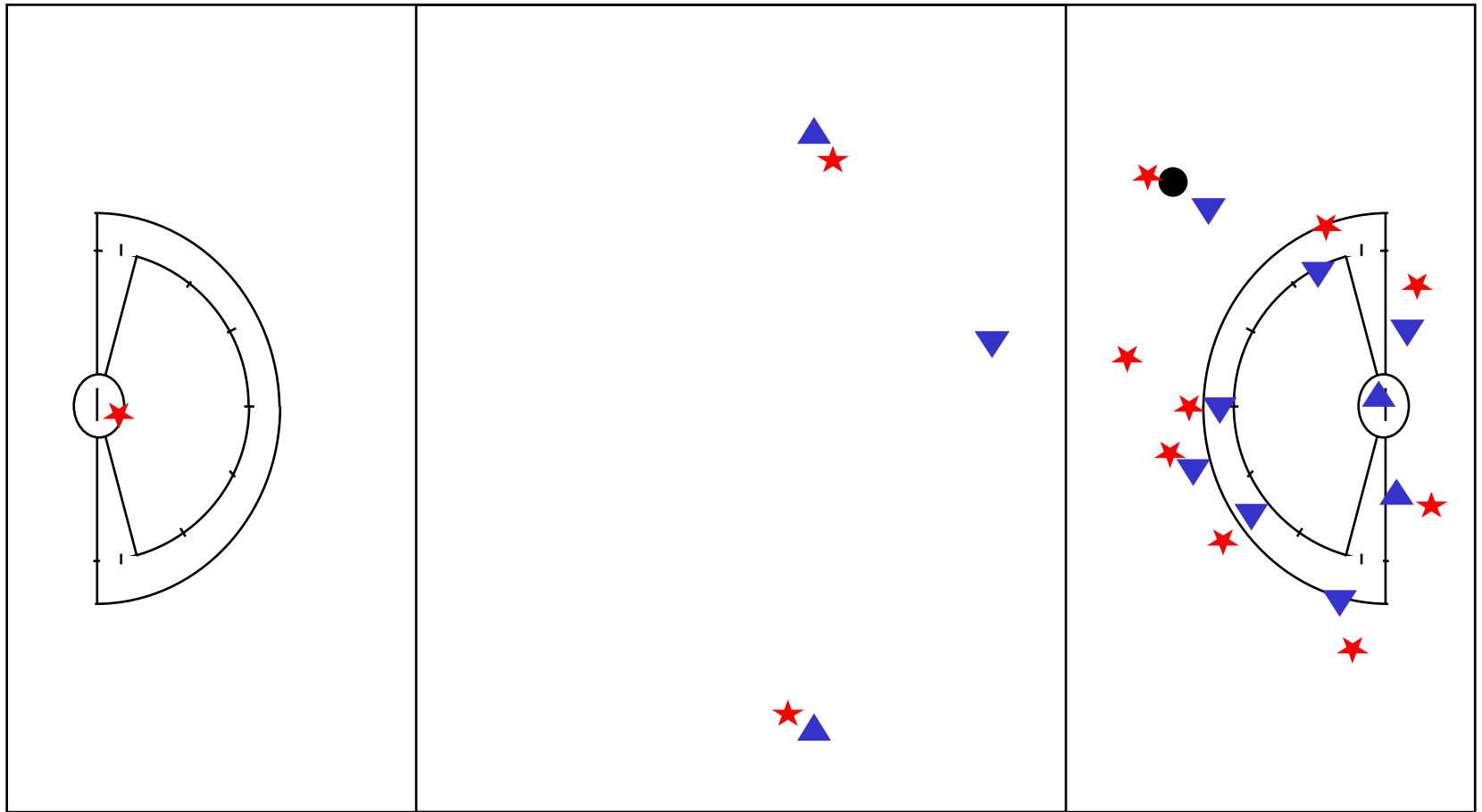
Positioning of free position for a restraining line violation by the defence when the ball is inside the 15 m area
CENTRE OF 15 ARC



○ Ball carrier

△ Offending player is placed to the appropriate) side - this shows both options left & right

STAR (ATTACK) OFFSIDE



Positioning of free position for a restraining line violation by the attack

